

SAFETY GRAM



DEPARTMENT OF THE ARMY
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Tick Safety and Awareness

Fort Devens Garrison Safety

1 April 2015

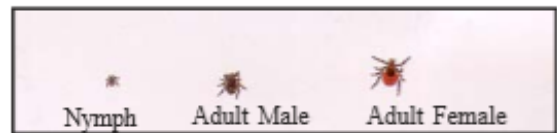
ENSURE WIDEST DISSEMINATION AND POST ON BULLETIN BOARDS

Disease – Carrying Ticks Spread in Massachusetts as the Weather Warms-Up

Actual sizes of adult American dog ticks



Actual sizes of deer ticks



- Outdoor activities become more prevalent during Spring and Summer.
- Deer ticks and dog ticks are found throughout Massachusetts and may spread different disease-causing germs when they bite you.
- Rocky Mountain spotted fever, Tularemia, Lyme disease, Babesiosis and Anaplasmosis are bacterial diseases that are spread by these types of ticks.
- Most common throughout Massachusetts is Lyme disease that usually begins 3 to 30 days after a person is bitten.
- One symptom of Lyme disease is an expanding red rash at the site of the bite and/or flu-like symptoms.
- Preventative measures, such as bug spray, long pants, and thorough body checks after outdoor recreation are essential to avoiding ticks and the diseases they carry. ***Prevention begins with you!***

More information can be found on the Massachusetts Department of Public Health Bureau of Environmental Health website:

<http://www.mass.gov>

